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THERAPIST SPOTLIGHT



Dr. AP Carmichael

PHD, LMFT, CO-OWNER OF CCCA

Session Format: In Person & Virtual

Session Type: Individual, Couples, Family

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Relationships are part of what makes us human. We thrive when connected with others. I am passionate about helping people create and maintain healthy and loving relationships. I work with couples, families, and individuals and have strong experience working with LGBTQ clients. I make it a priority to create a safe space for all of my clients. It is through this atmosphere of acceptance that we can work together to create true change and growth. I work with individuals, families and couples who are going through a crisis, or those who are simply looking to strengthen their relationships.

I have extensive experience working with gay and straight couples, poly systems, trans folks and their families. However you identify, I am here to support you and help you create and maintain healthy and fulfilling relationships. I'm Gottman trained and experienced applying these skills to couples who are going through a relationship crisis (infidelity).

I hold a PhD in Human Sexuality Research as well as a master's degree in Human Sexuality Education from Widener University in Philadelphia. Additionally, I have a second master's degree in Marital and Family Therapy



MINDFULNESS MOMENT

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MONTHLY CHALLENGE



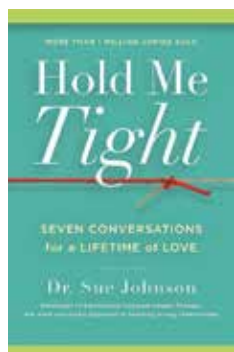
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BOOK/RESOURCE RECOMMENDATIONS



Hold Me Tight

Seven Conversations for a Lifetime of Love

Dr. Sue Johnson

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